



CFOOTMAD

COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

Sept/Oct 2016
www.cfootmad.org
720-722-1170

Boulder Community Contra and Family Dance 1st/3rd Fridays

- Sept 2 "Sandra and Rodney" caller Tina Fields
- Sept 16 "Julia Hays, Phil Norman, Teri Rasmusson" caller Carol Fey
- Sept 30 "**Elixir!!!**" caller *Nils Fredland*
- Oct 7 "Avourneen" caller Barb Kirchner
Family Dance at 6pm, caller Rick Smith
- Oct 21 "Balance & Swing" caller Helle Hill

Denver Contra Dance - 2nd/4th Fridays

- Sept 9 "**Eric Anderson & Eileen Nicholson**" caller *William Watson*
- Sept 23 "Ragged Edge" caller Christa Torrens
- Oct 2 "**Elixir!!!**" caller *Nils Fredland*
- Oct 14 "Offbeats" caller Paul Somlo
- Oct 28 "Purple Zephyr" caller Ed Hall

Zesty Contra Dance – 2nd Saturday

- Sept 10 "**Eric Anderson & Eileen Nicholson**" caller *William Watson*
- Oct 8 "Purple Zephyr" caller Paul Somlo

Westminster Community Dance – 4th Saturday

- Sept 24 "Fiddle Dogs" caller Chris Kermiet
- Oct 22 "Tuney Loons" caller Peter Johnson

Fifth Friday Waltz Dance

- Sept 30 No Waltz – Contra Dance w/Elixir!!!

CFOOTMAD Music Jam – 1st/3rd Mondays

Fort Collins FOTD Events – 1st/3rd Saturdays

- Sept 3 "Joel Hayes, Ed Secor, Rodney Sauer" caller Paul Somlo
- Sept 17 "TBA" caller ??? (check www.fotd.org)
- Oct 1 "**Elixir!!!**" caller *Nils Fredland*
- Oct 15 "Balance & Swing" caller Patricia Danscen

-----Special Events!!!-----

Sept. 9,10 – Continental Drift - Eric Anderson (Seattle) on keyboard, Eileen Nicholson (Rochester) on fiddle. William Watson (Portland) calling. Regular Price!

Sept. 30, Oct. 1,2 – Elixir!!! Special thanks to sponsors Caroline Fuller and Jerry Olson. \$15

-----Save the Date-----

December 9,10,11 – Barefoot! Ed Howe (Perpetual e-Motion) on fiddle, Jamie Oshima on guitar, Cis Hinkle calling. Special thanks to sponsor Donna Harris!

Jan. 27,28,29 – Julie Vallimont (Nor'easter) on keyboard, Audrey Knuth (Free Raisins) on fiddle, Rachel Bell on accordion. Special thanks to sponsor Ed Hall!

BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at www.cfootmad.org.

CFOOTMAD EVENT DETAILS

Boulder Community Contra Dance: Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

Boulder Family Dance (right before the Boulder Community Dance): First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

Denver Contra Dance: Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members /\$5 students. Contact Duffy at 303-882-9361.

Music Jam (Denver): 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at duffyboyle@gmail.com or 303-882-9361.

Waltz Night: All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7pm, Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-666-0561 or Viki_L@earthlink.net.

Westminster Community Dance: Community Contra Dance, always live music! Fun and easy, each dance is taught before the music starts. The Westminster dance features contras, couples dances and other formations. All ages and experience levels welcome, no partner needed. Westminster Grange, 3935 West 73rd. 7-10pm, \$8/\$6members, kids \$4. Contact Pat at 303-827-5828.

Zesty Contra Dance: Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

FOTD DANCE DETAILS

Friends of Traditional Dance: Club Tico in City Park, 1599 City Park Dr. Lesson 7:00. Dance 8-11. \$10/\$5 students, 970-493-8277, www.fotd.org. Contact Paul at 970-353-6340.



CFOOTMAD
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2240 Perry St.
Denver, CO 80212-1161



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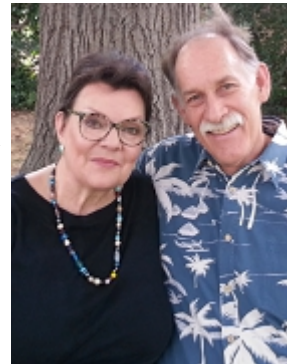
**NATIONAL
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FOR THE ARTS**

GRANT FUNDING RECEIVED FROM:

Meet Steve & Sharon

Sharon and Steve “re-met” at their 10-year high school reunion. Having never dated in high school, Steve and Sharon kindled a relationship and were married two years later (at the tender age of thirty). Steve has developed his career in renewable energy (biomass conversion to fuels and chemicals) and now is a project officer for the U.S. Department of Energy. Sharon has re-invented herself several times over going from journalism to public relations to sales to catering to kitchen design and is now working in accounting for the Colorado State Treasury until September 30th, which will be her last day of work!!!

In her spare time Sharon is an avid vegetable gardener, an adventurous and accomplished cook, and is passionate about native plants. Steve’s “hobbies” seem to be yard work and reading, but music may become a more feasible hobby in retirement. Steve particularly enjoys reading history and historical novels. He owns a stand-up bass that he hopes to learn to play decently before he dies. They watch a lot of obscure films, enjoy camping with friends on their 35 acre property abutting the newly designated Brown’s Canyon Wilderness Area between Buena Vista and Salida, and hike Saturdays and Sundays with their two dogs, Bandit and Roxie. They are both looking forward to retiring sometime soon so they can pursue other interests, which include Mayan archeology, linguistics and culture, travel around the U.S. and other countries, more exercise and less stress.



Sharon and Steve started contra dancing in Berkeley about 1985. Sharon’s parents were long time square dancers and round dancers, (originally in Virginia where Sharon was born) and had taken up contra dancing lately. When Steve was stressed out as a Post Doc at a company in the Bay Area, they encouraged the “kids” to try it as a relaxing and fun stress reducer. Thirty years later, contra dancing remains Steve and Sharon’s favorite way to have fun and relax. (Though after a long work week, they wish the CFOOTMAD contra dance was on Saturday night so they could just veg-out on the couch on Friday and watch a movie.) Each year they celebrate Steve’s birthday at a dance with a big carrot cake, and for many years they celebrated their wedding anniversary at the Harvest MoonFest in Gold Hill. They really hope the MoonFest gets better attendance which will make it more fun for all.

by Helle Hill

NEXT CFOOTMAD NEWSLETTER DEADLINE

Friday, Oct 7 is the deadline for the Nov/Dec 2016 newsletter. Submit materials to newsletter@cfootmad.org.

Consider a Donation to CFOOTMAD

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.

