



CFOOTMAD

COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

Nov/Dec 2016
www.cfootmad.org
720-722-1170

Boulder Community Contra and Family Dance 1st/3rd Fridays

- Nov 4** "Deb and the Pariahs" caller Rick Smith
Family Dance at 6pm
- Nov 18** "Purple Zephyr" caller Rich Goss of Portland
- Dec 2** ***"Sassafras Stomp" caller Patricia Danscen***
Duet from Maine on fiddle and guitar!
Family Dance at 6pm
- Dec 11** ***"Barefoot!!!" caller Cis Hinkle! 6-9pm***
- Dec 16** "The Megaband" caller Sam Smith

Denver Contra Dance - 2nd/4th Fridays

- Nov 11** "The Megaband" caller Tina Fields
- Nov 25** "Balance and Swing" caller Helle Hill
- Dec 9** ***"Barefoot!!!" caller Cis Hinkle!***
- Dec 23** "New Rhythm Rangers" caller Viki Lawrence

Zesty Contra Dance – 2nd Saturday

- Nov 12** "Sandra and Rodney" caller Rick Smith
- Dec 10** ***"Barefoot!!!" caller Cis Hinkle!***

Westminster Community Dance – 4th Saturday

- Nov 26** "Aeryk Parker & Friends" caller Helle Hill
- Dec 24** No Dance – See You In January

Fifth Friday Waltz Dance

- Dec 30** ***"Uncle Farmer", lesson Susan Petrick***

CFOOTMAD Music Jam – 1st/3rd Mondays

Fort Collins FOTD Events – 1st/3rd Saturdays

- Nov 5** "Purple Zephyr" caller Ed Hall
- Nov 19** "Julia Hayes, Phil Norman, Teri Rasmusson"
caller Rick Smith
- Nov 26** Waltz Night w/Ladies Choice
- Dec 3** ***"Sassafras Stomp" caller Viki Lawrence***
Duet from Maine on fiddle and guitar!
- Dec 17** "The Offbeats" caller Carol Fey
- Dec 25** Holiday w/Eric Levine & Friends caller ??? 6-9pm
contras and waltzes
- Dec 31** ***"Uncle Farmer!!!" caller Susan Petrick!***

-----Special Events!!!-----

December 9,10,11 – Barefoot!!! Ed Howe (Perpetual e-Motion) on fiddle, Jamie Oshima on guitar, Cis Hinkle calling. Special thanks to sponsor Donna Harris!

December 31 – NYE Contra Party w/Uncle Farmer in Fort Collins!!! Club Tico, 8:30 – 12:30pm, \$15

-----Save the Date-----

Jan. 27,28,29 – Julie Vallimont (Nor'easter) on keyboard, Audrey Knuth (Free Raisins) on fiddle, Rachel Bell (Seaglass) on accordion. Special thanks to sponsor Ed Hall!

BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at www.cfootmad.org.

CFOOTMAD EVENT DETAILS

Boulder Community Contra Dance: Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

Boulder Family Dance (right before the Boulder Community Dance): First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

Denver Contra Dance: Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members /\$5 students. Contact Duffy at 303-882-9361.

Music Jam (Denver): 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at duffyboyle@gmail.com or 303-882-9361.

Waltz Night: All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7pm, Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-913-2534 or Viki_L@earthlink.net.

Westminster Community Dance: Community Contra Dance, always live music! Fun and easy, each dance is taught before the music starts. The Westminster dance features contras, couples dances and other formations. All ages and experience levels welcome, no partner needed. Westminster Grange, 3935 West 73rd. 7-10pm, \$8/\$6members, kids \$4. Contact Pat at 303-827-5828.

Zesty Contra Dance: Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

FOTD DANCE DETAILS

Friends of Traditional Dance: Club Tico in City Park, 1599 City Park Dr. Lesson 7:00. Dance 8-11. \$10/\$5 students, 970-493-8277, www.fotd.org. Contact Paul at 970-353-6340.



CFOOTMAD
 Colorado Friends of Old Time
 Music and Dance
 2240 Perry St.
 Denver, CO 80212-1161



GRANT FUNDING RECEIVED FROM: *Making It Possible.*

Meet Donna Harris

Donna went to her first Contra dance in early 2012. In high school, she had been involved in Jazz and modern ballet. While at a swing dance at the Avalon and a barn dance at her daughter’s school, Donna learned about Contra dancing. When a MeetUp group scheduled a meeting at a Contra dance, Donna went and was hooked. She also likes to attend Salsa Nights and swing dances. Donna enjoys the dances in both Denver and Boulder, and with family in Fort Collins, it is easy to combine a family visit with a Fort Collins Contra dance.

Donna says, "For me, contra dancing is ... a practice of presence a few seconds at a time with each person in the line ... an experience of flow ... the music, the people, the movement, the fun, and the melding of all those elements into a grand, shared experience ... friends ... exchange and balancing of energies ... healthy ... joyful ... the change and enhancement in my life since I started. Thank you, contra dance community, dance organizers, musicians, volunteers, and all you partners, neighbors, and neighbors' partners out there!"



Donna left her job in the computer field last June to spend more time with her 11-year-old daughter, who sometimes attends the Contra dances. Together they had fun reading, writing, drawing, gardening, and they even traveled to California for the BACDS Family Week. While her daughter was visiting grandparents, Donna and Linda Maguire traveled to Italy and France where they attended the “Grand Ball” dance in Gennetines and enjoyed lovely French dancing. Now that Donna’s daughter is back in school, Donna is finishing up some home projects and getting ready for the next adventure in the working world.

Lastly, Donna adds, “Please help me celebrate my 50th birthday! It is coming up on December 9, and we’ll have a visiting band and caller. The band is Barefoot!, with Ed Howe and Jamie Oshima. Many dancers will fondly remember Ed from his Perpetual e-Motion days. I’m very excited that they are coming. The caller will be Cis Hinkle. We’re planning a three-dance weekend with a Denver dance, a Zesty, and a special dance on Sunday evening at the Avalon. I can’t think of a better way to celebrate.”

by Helle Hill

NEXT CFOOTMAD NEWSLETTER DEADLINE

Friday, Dec 2 is the deadline for the Jan/Feb 2016 newsletter. Submit materials to newsletter@cfootmad.org.

Consider a Donation to CFOOTMAD

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.

