



Colorado  
Friends  
Of  
Old  
Time  
Music  
And  
Dance

# CFOOTMAD

## COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

March/April 2015  
www.cfootmad.org  
720-722-1170



### Boulder Community Contra and Family Dance 1<sup>st</sup>/3<sup>rd</sup> Fridays

- March 6** "Sandra Wong & Rodney Sauer" caller Barb Kirchner  
**March 20** "Falcon Flight" caller Helle Hill  
**April 3** "Rock It!" caller Viki Lawrence  
**April 17** "Andy Reiner and Jon Sousa" caller Christa Torrens

### Denver Contra Dance - 2<sup>nd</sup>/4<sup>th</sup> Fridays

- March 13** "Josie Toney & Scotty Leach" caller Christa Torrens  
**March 27** "Julia Hayes, Brian Mullins, Teri Rasmusson" caller Viki Lawrence  
**April 10** "Falcon Flight" caller Tina Fields  
**April 24** "Balance & Swing" caller Helle Hill

### Zesty Contra Dance - 2<sup>nd</sup> Saturday

- March 14** "Josie Toney and Scotty Leach" caller Ed Hall  
**April 11** "Sandra Wong and Rodney Sauer" caller Viki Lawrence

### Westminster Community Dance - 4<sup>th</sup> Saturday

- March 7** "Avourneen", featuring Aeryk Parker of Gypsy Caravan, caller Richard Myers  
**April 25** "New Rhythm Rangers" caller Patricia Danscen

### Fifth Friday Waltz Dance

No Fifth Friday in March or April.... next Waltz night May 29

### CFOOTMAD Music Jam - 1<sup>st</sup>/3<sup>rd</sup> Mondays

### Fort Collins FOTD Events - 1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Saturdays

- March 7** "Joel Hayes, John Reading, Ed Secor" caller Paul Somlo  
**March 21** "Falcon Flight" caller Christa Torrens  
**April 4** "The A-1 Contraband" caller Carol Fey  
**April 18** "Eric Levine and Rodney Sauer" caller Tina Fields  
**April 25** Waltz Night w/Purple Zephyr

**Starting in April, the Westminster Community Dance moves from the 1<sup>st</sup> Saturday to the 4<sup>th</sup> Saturday. Always live fiddle music - fun, fun, fun. Westminster Grange, 7-10pm.**

**Coming May 1-3,**

**Latter Day Lizards!**

### BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at www.cfootmad.org.

### CFOOTMAD EVENT DETAILS

**Boulder Community Contra Dance:** Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

**Boulder Family Dance (right before the Boulder Community Dance):** First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

**Denver Contra Dance:** Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Duffy at 303-882-9361.

**Music Jam (Denver):** 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at duffyboyle@gmail.com or 303-882-9361.

**Waltz Night:** All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-666-0561

**Westminster Community Dance:** Traditional American squares, reels, contras, couple, and circle dances. Beginners and experienced dancers of all ages. Westminster Grange, 3935 West 73<sup>rd</sup>. No lesson needed; all dances taught. 7-10. \$8/\$6members, kids \$2. Contact Pat at 303-827-5828.

**Zesty Contra Dance:** Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

### FOTD DANCE DETAILS

Friends of Traditional Dance: Club Tico in City Park, 1599 City Park Dr. Lesson 7:00. Dance 8-11. \$9/\$5 students, 970-493-8277, www.fotd.org. Contact Paul at 970-353-6340.



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Colorado Friends of Old Time  
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2240 Perry St.  
Denver, CO 80212-1161



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## Meet Sam Smith

Sam grew up in Salt Lake City, Utah. While he didn't dance growing up, his family listened to traditional music and he often recognizes tunes at the dances.

While at the University of Chicago a friend invited him to a Contra dance but he wasn't very good at it. After moving to Boulder to attend grad school, it took Sam about 6 months to go to a Boulder Contra dance but once he did, it became part of his Friday night ritual. Sam started stacking chairs after the dances ("the residues of Mormon culture in me"). Soon, Sam became a regular volunteer. He now helps with the sound and hall take-down after dances and is learning how to run the sound-board.

Sam says, "Dancing is a great way to get out of academic head-space for a bit. I love how I can either completely let go and just dance, or think things out and figure out why a dance works the way it does. I've really enjoyed the latter—figuring out ways to play with the choreography of a dance, swapping partners, shadows, and such without completely breaking the dance down." He is also learning how to call dances.

Sam adds, "It's great to have a critical mass of high-level dancers, callers, and musicians—we're very lucky, compared to other parts of the country. I'd like to keep that energy going—recruiting young(er) dancers and keeping them around, and playing with controlled chaos and other dance formations once in a while. While it's fun to play around while dancing, it's also important to making an inclusive and welcoming space for everyone. I've tried—and occasionally failed—to do that, but it's a lot of fun seeing newer dancers get better, and discover just how much fun contra can be."

When not dancing, Sam is a Ph.D. candidate in Geography at CU-Boulder, looking at how the American West is represented in museums and historic tours. He spends a lot of time doing research, but not enough of it writing. He also teaches an undergraduate class on Cartography. Occasionally, he manages to slip dance shoes into his bag when traveling to conferences.

Sam also enjoys hiking and skiing—though he doesn't get to do it as much as he would like. "The perils of grad school....."

One last thing, Sam wants you to know is, "I actually do own pants."

*by Helle Hill*



### **NEXT CFOOTMAD NEWSLETTER DEADLINE**

Thursday, March 26 is the deadline for the May/June 2015 newsletter. Submit materials to [newsletter@cfootmad.org](mailto:newsletter@cfootmad.org).

### **Consider a Donation to CFOOTMAD**

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. To sponsor an event, contact the dance series coordinator for that event. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.

