



Colorado
Friends
Of
Old
Time
Music
And
Dance

CFOOTMAD COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

July August 2014
www.cfootmad.org
720-722-1170

Boulder Community Contra and Family Dance 1st/3rd Fridays

July 4	Duffy Boyle with Step in Time (Deb Carstensen, Ed Secor and Rodney Sauer) Watermelon and Pie Dance! No Family Dance
July 18	*Jean Gibson-Gorrindo with Celtic Spring* Elizabeth Woods and the Woods family from Santa Barbara, CA
August 1	Helle Hill with Traditional Blend No Family Dance
August 15	Tina Fields with Betsy Branch and Sue Songer, special Guest musicians from Portland, OR

Denver Contra Dance – 2nd/4th Fridays

July 11	Neil Schlein and the Toe Dusters Potluck 6:15 to 7:15
July 25	Tina Fields with Elizabeth Wood and Rodney Sauer
August 8	Helle Hill with Hen Party (Kate Kerr and Barb Kirchner) Potluck 6:15 to 7:15
August 22	Ed Hall with Purple Zephyr

Zesty Contra Dance – 2nd Saturday

July 12	Tina Fields with New Rhythm Rangers
August 9	Viki Lawrence with Step in Time

Westminster Community Dance – 1st Saturday

July 5	Barb Kirchner with Betty, Mike and friends
August 2	Patricia Danscen with Traditional Blend

CFOOTMAD Waltz Night – 5th Friday

August 29	Music by Balance and Swing Lesson by Robert Warden at 7:15
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CFOOTMAD Music Jam – 1st and 3rd Mondays

Fort Collins FOTD Events – 1st and 3rd Saturdays

July 5	Tina Fields with Rock-It
July 19	Jean Gibson-Gorrindo with Celtic Spring
August 2	Carol Fey with the Grouchy Geezers
August 16	Patricia Danscen with Betsy Branch and Sue Songer
August 30	Rick Smith with Rodney Sauer and Eric Levine

July 18 Boulder Dance with Celtic Spring

Join us for this dance with special guest musicians and caller from Santa Barbara. Check them out at: www.celticspringband.com

Come to the Zesty and bring a friend!

The Zesty Dance is a little more challenging with quicker walk throughs and less caller leading, but if you've attended several of the other dances and feel like you'd like to dance more, give it a try! We'd love to see you there!

BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at www.cfootmad.org.

CFOOTMAD EVENT DETAILS

Boulder Community Contra Dance: Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

Boulder Family Dance (right before the Boulder Community Dance): First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

Denver Contra Dance: Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members /\$5 students. Contact Steve at 303-499-2692.
Potluck on second Fridays from 6:15 to 7:15; Bring something to share; table set-up provided.

Music Jam (Denver): 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at duffyboyle@gmail.com or 303-882-9361.

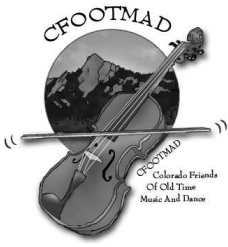
Bouldler Waltz Dance: All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-666-0561

Westminster Community Dance: Traditional American squares, reels, contras, couple, and circle dances. Beginners and experienced dancers of all ages. Westminster Grange, 3935 West 73rd. No lesson needed; all dances taught. 7-10. \$8/\$6members, kids \$2. Contact Pat at 303-827-5828.

Zesty Contra Dance: Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

FOTD DANCE DETAILS

Friends of Traditional Dance: Club Tico in City Park, 1599 City Park Dr. Lesson 7:00. Dance 8-11. \$9/\$5 students, 970-493-8277, www.fotd.org. Contact Paul at 970-353-6340.



CFOOTMAD
Colorado Friends of Old Time
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2240 Perry St.
Denver, CO 80212-1161

ADDRESS SERVICE REQUESTED

GRANT FUNDING RECEIVED FROM:



VOLUNTEER SPOTLIGHT – ROCKY MARCUS



Rocky grew up in Hawaii where he attended a Waldorf school, which has a very strong music and arts program with a little bit of dancing.

In college, Rocky took up Salsa dancing and in March, 2013, his friend, Danielle Fenske, invited him to a contra dance. She was afraid that Rocky would not enjoy contra dancing since his background was in Salsa but boy, was she wrong. Rocky loved it and has been addicted since day one!

Rocky says, “Contra dancing keeps me as happy and as sane as one can be while twirling in skirts.” (Notice the picture -- it is one of the last ones taken of Rocky wearing long pants while dancing.) Rocky suggests, “Keep tension with your partner, go with the flow, but most of all, have fun!” When asked how the Denver contra dance scene could improve, Rocky is not sure how to answer as he thinks, “It’s already so good.” The only improvement he suggests would be to have more techno contra dances. Rocky contributes to the dances by helping to clean up after the Denver and Boulder contra dances.

When not dancing, Rocky is working towards a Master’s degree in Electrical Engineering at CU in Boulder. Some of Rocky’s other interests include playing classical guitar, hiking, and other kinds of dancing. He is always up for learning new and fun dances. Rocky has noticed, “My salsa dancing has made my contra dancing much better, and my contra dancing has made my salsa dancing much better. It’s a wonderful trade off.”

by Helle Hill

NEXT CFOOTMAD NEWSLETTER DEADLINE

Thursday, July 24th is the deadline for the September/October 2014 newsletter. To submit materials, email Donna Mlinek at newsletter@cfootmad.org.

Consider a Donation to CFOOTMAD

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. To sponsor an event, contact the dance series coordinator for that event. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.