

### BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the dances listed below, and occasional special events. Children are welcome at dances if supervised by a responsible adult. For dance information, call the Hotline at 303-592-3972 or Jerry at 303-665-1429(h) or 303-497-1315(w), or look us up on the web at [www.cfootmad.org](http://www.cfootmad.org).

### CFOOTMAD DANCE DETAILS

**Boulder Community Dance:** Traditional American contras, squares, and circle dances. Community Montessori School, 805 Gillaspie, Boulder. New name, same location as New Vista High School. (Take Table Mesa 2 blocks west of Broadway, left on Gillaspie.) 2<sup>nd</sup> and 4<sup>th</sup> Saturdays. Lesson 7:15. Dancing 8-11. \$9/\$7 members.

**Ceili Dance:** Celtic dance party. Come explore the Celtic roots of our American dance tradition. Westminster Grange, 3935 West 73<sup>rd</sup>. Federal to 72nd, west to Lowell, north to 73<sup>rd</sup>. 3<sup>rd</sup> Saturdays starting in October. Lesson 7:00. Dancing 7:30-10, \$8/\$7.

**Denver Community Dance:** Traditional American contras, squares, and circle dances. Temple Events Center, 1595 Pearl, Denver. 1<sup>st</sup> & 3<sup>rd</sup> Fridays. Lesson 7:15. Dancing 8-11. \$10/\$8 members (prices may vary for special events). Pay south parking lot fee at front desk.

**English Country Dance:** From the 1600s to the present. Come experience the English ancestry of our present-day contras. Clements Community Center, 1580 Yarrow, Lakewood (one block west of Wadsworth, then north of Colfax). Usually last Fridays, 8-11. \$9/\$7 members.

**Ragtime Tea Dance:** American ragtime era dances including waltzes, tangos, foxtrots, one-steps, etc. Temple Events Center Ballroom, 1595 Pearl Street, Denver. 2<sup>nd</sup> Sunday, September thru March plus May. No tea dance in April. Lesson 1:30. Dancing 2-5. \$14/\$11 members, \$4 discount for full-time or equivalent students with ID.

**Waltz Night:** All waltzes. Temple Events Center, 1595 Pearl Street, Denver. 4<sup>th</sup> Friday of any month with 5 Fridays. 8-11. Lesson 7:15. \$9/\$7 members. Parking in south lot paid inside.

**Westminster Old Time Community Dance:** Traditional American squares, reels, contras, couple, and circle dances. Beginners and experienced dancers of all ages. Westminster Grange, 3935 West 73<sup>rd</sup> (take Federal to 72nd Avenue, west to Lowell, north to 73<sup>rd</sup>). 1<sup>st</sup> Saturday. 7-10. \$6/\$5 members. Park on street or in back.

**Zesty Contras Dance:** Contras for experienced dancers. Quick walk-throughs and little caller leading. Dances start promptly at 8 pm with a waltz. Clements Community Center, 1580 Yarrow, Lakewood (one block west of Wadsworth, then north of Colfax). 2<sup>nd</sup> Friday, 8-11 \$9/\$7 members.

### BASIC CONTACTS IN NEARBY COMMUNITIES

**Friends of Traditional Dance:** Fort Collins. Contra dances 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Saturdays, City Park Center, 1599 City Park Drive, Fort Collins, \$7. 970-493-8277, [www.fotd.org](http://www.fotd.org).

**Pikes Peak Traditional Dance:** Colorado Springs. Contra dances 3<sup>rd</sup> Saturdays, Hillside Community Center, 925 South Institute. 719-578-8979. [www.geocities.com/pptdcontra/](http://www.geocities.com/pptdcontra/).

**Lyons Old-time Community Dance:** Lyons. Old-time reels, mixers, squares, waltzes, and the occasional polka. Various Saturdays -- October, January -- April. Odd Fellows Hall, one-half block north of 4<sup>th</sup> and Main, in Lyons. 7-10, dessert potluck, \$10 families or \$5 per person and \$2 for kids and seniors. All dances are taught and are beginner and family-friendly, with simpler dances earlier in the evening and more complex dances as the evening progresses, plus a good mix of beginner and experienced dancers. For more info, please contact dance organizer Ellen Rosenberg at 303-823-0816 or [oldtimedances@musicinlyons.com](mailto:oldtimedances@musicinlyons.com).

### CFOOTMAD MEMBERSHIP FORM

The Colorado Friends of Old Time Music and Dance (CFOOTMAD) is an organization of folks who enjoy and promote traditional American music and dance. Although membership is not required to attend CFOOTMAD events, members enjoy these significant benefits: A discount at most CFOOTMAD events, delivery of our bi-monthly newsletter "Attic Windows", and email notification of last-minute event cancellation or change of venue.

#### MEMBERSHIP INFORMATION

New  Renewal  Update  Individual \$15  Family \$25  Contributing \$35 +

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone, day \_\_\_\_\_ Phone, evening \_\_\_\_\_

Email \_\_\_\_\_

Occupation/hobby \_\_\_\_\_ (optional)

Save postage! I will read the news on the web at [www.cfootmad.org](http://www.cfootmad.org).  Check

I do not want to receive mailings from any other dance or music groups.  Cash

I do not want my personal information printed in the membership directory.  Other

If some may be printed please specify here:

Please make your check to CFOOTMAD

Mail to: CFOOTMAD, c/o Thomas Miller  
10325 Quail Street, Westminster, CO 80021-6633

Date \_\_\_\_\_

Yes, I want  
to volunteer!

Denver Dance  
 Boulder Dance  
 Tea Dance  
 Ceili Dance  
 English Dance  
 Publicity  
 Mailings  
 Special Events  
 Social Activities  
 Set up/clean up  
 Refreshments  
 Newsletter  
 Other, please  
specify here: