

BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the dances listed below, and occasional special events. Children are welcome at dances if supervised by a responsible adult. For dance information, call the Hotline at 303-592-3972, Jerry at 303-665-1429(h) or 303-497-1315(w), or look us up on the web at www.cfootmad.org.

CFOOTMAD DANCE DETAILS

Boulder Community Dance: Traditional American contras, squares, and circle dances. Avalon Ballroom, 6185 Arapahoe in Boulder. 1st and 3rd Fridays. Lesson 7:15. Dancing 8-11. \$10/\$8 members.

Denver Community Dance: Traditional American contras, squares, and circle dances. Highlands Masonic Center, 3550 N. Federal Blvd, Denver. 2nd and 4th Fridays. Lesson 7:15. Dancing 8-11. \$10/\$8 members (prices may vary for special events).

English and Early American Dance: From the 1600s to the present. Come experience the English ancestry of our present-day contras. Berkeley Community Church, 3701 West 50th Ave. in Denver (near Regis). From the Federal exit on I-70, go North 1 block, turn West on 50th. 3rd Saturdays, 8-11. This dance takes a break for the summer, no dances in June, July or August. No lesson. \$10/8 members.

Ragtime Tea Dance: American ragtime-era dances including waltzes, tangos, foxtrots, one-steps, etc. Avalon Ballroom, 6185 Arapahoe in Boulder. 2nd Sunday, September through May. Dressy or vintage attire suggested but not required. Lesson 1:30. Dancing 2-5. \$18/\$13 members, and students with ID.

Waltz Night: All waltzes. Dances are to live music. Avalon Ballroom, 6185 Arapahoe in Boulder. 5th Friday of any month with 5 Fridays. 8-11. Lesson 7:15. \$10/\$8 members.

Westminster Old Time Community Dance: Traditional American squares, reels, contras, couple, and circle dances. Beginners and experienced dancers of all ages. Westminster Grange, 3935 West 73rd (take Federal to 72nd Avenue, west to Lowell, north to 73rd.) 1st Saturday. 7-10. \$8/\$6members, kids \$2. Park on street or in back.

Zesty Contra Dance: Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave. (Directions: I-70 to Sheridan Blvd, south to first stop light at 46th & turn left (east). The Scheitler Center is in the park on the left. Enter the dance hall via the door on the east. 2nd Saturdays, 7-10. \$12/\$10 members.

BASIC CONTACTS IN NEARBY COMMUNITIES

Friends of Traditional Dance: Fort Collins. Contra dances 1st, 3rd, & 5th Saturdays, Club Tico in City Park, 1599 City Park Dr, FortCollins. \$8. Free Lesson 7pm. 970-493-8277, www.fotd.org.

Little London Assembly English Country Dance: Colorado Springs. First option: Monday afternoons, 1:30-3:00pm at the Colorado Springs Senior Center (not just for seniors), 1514 N. Hancock Expressway. Reasonable rates set by the City of Colorado Springs. Second option: 2nd and 4th Saturdays, 1:00-3:00pm, International Dance Club, 2422 Busch Ave, \$5 per session. (719) 494-0563 or bry2890@juno.com.

Lyons Old-time Dance: Lyons. Old-time reels, mixers, squares, and waltzes with music by fabulous old-time bands. Mostly first (and some second) Saturdays January through April and Saturday before Hallowe'en in October. Odd Fellows Hall, one-half block north of 4th and Main, in Lyons. 7-10, snack potluck. \$6 adults, \$3 kids/seniors, \$12 family. All dances taught are beginner and family-friendly, with simpler dances earlier in the evening, then more complex dances as the evening progresses. A good mix of beginners and more experienced dancers. For info, contact dance organizer Ellen Rosenberg at 303-823-0816 or oldtimedances@musicinlyons.com.

Monday Night Scandinavian Dancing: Pearl Street Studio, 2126 Pearl St., Boulder. Lessons 7:30 - 8:30, followed by open dancing. Live music, on fiddle, nyckelharpa, and button accordion. \$5 per evening. For info contact Nancy at nellinghaus@juno.com or 303-499-7262.

Pikes Peak Traditional Dance: Colorado Springs. Contra dances 3rd Saturdays, **New Location:** 28A South Tejon (2nd floor above Slayton's BBQ). 719-578-8979. \$8, \$4 for students. www.pptdcontra.com or www.pptd.org.

Village Arts Coalition: Member groups host a wide range of participatory dance events. Detailed calendar at www.villageartscoalition.org

CFOOTMAD MEMBERSHIP FORM

The Colorado Friends of Old Time Music and Dance (CFOOTMAD) is an organization of folks who enjoy and promote traditional American music and dance. Although membership is not required to attend CFOOTMAD events, members enjoy these significant benefits: Delivery of our bi-monthly newsletter *Attic Windows*, a discount at most CFOOTMAD events, and email notification of last-minute event cancellation or change of venue.

MEMBERSHIP INFORMATION

New ___ Renewal ___ Update ___ Individual \$20___ Family \$30 ___ Contributing \$50 +___

Name _____

Address _____

Phone, day _____ Phone, evening _____

Email _____

Occupation/hobby _____(optional)

___ Save postage! I will read the news on the web at www.cfootmad.org.

Check _____

___ I do not want to receive mailings from any other dance or music groups.

Cash _____

___ I do not want my personal information printed in the membership directory.

Other _____

Please make your check to CFOOTMAD

Mail to: CFOOTMAD Membership Secretary

Date _____

P.O. Box 643, Broomfield, CO 80038-0643

Yes, I want to volunteer!

- ___ Denver Dance
- ___ Boulder Dance
- ___ Tea Dance
- ___ English Dance
- ___ Publicity
- ___ Mailings
- ___ Special Events
- ___ Social Activities
- ___ Set up/clean up
- ___ Refreshments
- ___ Newsletter
- ___ Other, please specify here: