

### BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the dances listed below, and occasional special events. Children are welcome at dances if supervised by a responsible adult. For dance information, call the Hotline at 303-592-3972, Jerry at 303-665-1429(h) or 303-497-1315(w), or look us up on the web at [www.cfootmad.org](http://www.cfootmad.org).

### CFOOTMAD DANCE DETAILS

- Boulder Community Dance:** Traditional American contras, squares, and circle dances. Avalon Ballroom, 6185 Arapahoe in Boulder. 1<sup>st</sup> and 3<sup>rd</sup> Fridays. Lesson 7:15. Dancing 8-11. \$10/\$8 members.
- Denver Community Dance:** Traditional American contras, squares, and circle dances. Highlands Masonic Center, 3550 N. Federal Blvd, Denver. 2<sup>nd</sup> and 4<sup>th</sup> Fridays. Lesson 7:15. Dancing 8-11. \$10/\$8 members (prices may vary for special events).
- English and Early American Dance:** From the 1600s to the present. Come experience the English ancestry of our present-day contras. Berkeley Community Church, 3701 West 50th Ave. in Denver (near Regis). From the Federal exit on I-70, go North 1 block, turn West on 50th. 3<sup>rd</sup> Saturdays, 8-11. This dance takes a break for the summer, no dances in June, July or August. No lesson. \$10/8 members.
- Ragtime Tea Dance:** American ragtime-era dances including waltzes, tangos, foxtrots, one-steps, etc. Avalon Ballroom, 6185 Arapahoe in Boulder. 2<sup>nd</sup> Sunday, September through May. Dressy or vintage attire suggested but not required. Lesson 1:30. Dancing 2-5. \$18/\$13 members, and students with ID.
- Waltz Night:** All waltzes. Dances are to live music. Avalon Ballroom, 6185 Arapahoe in Boulder. 5<sup>th</sup> Friday of any month with 5 Fridays. 8-11. Lesson 7:15. \$10/\$8 members.
- Westminster Old Time Community Dance:** Traditional American squares, reels, contras, couple, and circle dances. Beginners and experienced dancers of all ages. Westminster Grange, 3935 West 73<sup>rd</sup> (take Federal to 72nd Avenue, west to Lowell, north to 73<sup>rd</sup>.) 1<sup>st</sup> Saturday. 7-10. \$8/\$6members, kids \$2. Park on street or in back.
- Zesty Contra Dance:** Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave. (Directions: I-70 to Sheridan Blvd, south to first stop light at 46th & turn left (east). The Scheitler Center is in the park on the left. Enter the dance hall via the door on the east. 2<sup>nd</sup> Saturdays, 7-10. \$12/\$10 members.

### BASIC CONTACTS IN NEARBY COMMUNITIES

- Friends of Traditional Dance:** Fort Collins. Contra dances 1st, 3rd, & 5th Saturdays, Club Tico in City Park, 1599 City Park Dr, FortCollins. \$8. Free Lesson 7pm. 970-493-8277, [www.fotd.org](http://www.fotd.org).
- Little London Assembly English Country Dance:** Colorado Springs. First option: Monday afternoons, 1:30-3:00pm at the Colorado Springs Senior Center (not just for seniors), 1514 N. Hancock Expressway. Reasonable rates set by the City of Colorado Springs. Second option: 2nd and 4th Saturdays, 1:00-3:00pm, International Dance Club, 2422 Busch Ave, \$5 per session. (719) 494-0563 or [bry2890@juno.com](mailto:bry2890@juno.com).
- Lyons Old-time Dance:** Lyons. Old-time reels, mixers, squares, and waltzes with music by fabulous old-time bands. Mostly first (and some second) Saturdays January through April and Saturday before Hallowe'en in October. Odd Fellows Hall, one-half block north of 4<sup>th</sup> and Main, in Lyons. 7-10, snack potluck. \$6 adults, \$3 kids/seniors, \$12 family. All dances taught are beginner and family-friendly, with simpler dances earlier in the evening, then more complex dances as the evening progresses. A good mix of beginners and more experienced dancers. For info, contact dance organizer Ellen Rosenberg at 303-823-0816 or [oldtimedances@musicinlyons.com](mailto:oldtimedances@musicinlyons.com).
- Monday Night Scandinavian Dancing:** Pearl Street Studio, 2126 Pearl St., Boulder. Lessons 7:30 - 8:30, followed by open dancing. Live music, on fiddle, nyckelharpa, and button accordion. \$5 per evening. For info contact Nancy at [nellinghaus@juno.com](mailto:nellinghaus@juno.com) or 303-499-7262.
- Pikes Peak Traditional Dance:** Colorado Springs. Contra dances 3<sup>rd</sup> Saturdays, **New Location:** 28A South Tejon (2nd floor above Slayton's BBQ). 719-578-8979. \$8, \$4 for students. [www.pptdcontra.com](http://www.pptdcontra.com) or [www.pptd.org](http://www.pptd.org).
- Village Arts Coalition:** Member groups host a wide range of participatory dance events. Detailed calendar at [www.villageartscoalition.org](http://www.villageartscoalition.org)

### CFOOTMAD MEMBERSHIP FORM

The Colorado Friends of Old Time Music and Dance (CFOOTMAD) is an organization of folks who enjoy and promote traditional American music and dance. Although membership is not required to attend CFOOTMAD events, members enjoy these significant benefits: Delivery of our bi-monthly newsletter *Attic Windows*, a discount at most CFOOTMAD events, and email notification of last-minute event cancellation or change of venue.

#### MEMBERSHIP INFORMATION

Individual \$20\_\_ Family \$30 \_\_ Contributing \$50 +\_\_ New \_\_ Renewal \_\_ Update \_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone, day \_\_\_\_\_ Phone, evening \_\_\_\_\_

Email \_\_\_\_\_

Occupation/hobby \_\_\_\_\_(optional)

Save postage! I will read the news on the web at [www.cfootmad.org](http://www.cfootmad.org). **Check** \_\_\_\_\_

I do not want to receive mailings from any other dance or music groups. **Cash** \_\_\_\_\_

I do not want my personal information printed in the membership directory. **Other** \_\_\_\_\_

Please make your check to CFOOTMAD  
 Mail to: CFOOTMAD Membership Secretary  
 P.O. Box 643, Broomfield, CO 80038-0643  
 Date \_\_\_\_\_

Yes, I want to volunteer!

- Denver Dance
- Boulder Dance
- Tea Dance
- English Dance
- Publicity
- Mailings
- Special Events
- Social Activities
- Set up/clean up
- Refreshments
- Newsletter
- Other, please specify here: