
ATTIC WINDOWS

❖ The Newsletter and Calendar of CFOOTMAD ❖
The Colorado Friends of Old Time Music and Dance



July/August 2009

24-hour Hotline: 303-592-3972

Denver/Boulder Area

www.cfootmad.org

Colorado Friends of Old Time Music and Dance (CFOOTMAD) Mission Statement: CFOOTMAD fosters enjoyment and promotion of American traditional music and dance. CFOOTMAD welcomes all to participate in community events organized by its members, performers and volunteers.

VOLUNTEER SPOTLIGHT – GENEVA AGUILAR

Geneva Aguilar is one of the few CFOOTMAD dancers who has actually been paid to dance. And she cooks for dances as if she's a professional—but isn't.

Geneva cooks up huge trays of colorful and delicious snacks for the Denver and Boulder dances. She explains simply, "I enjoy creating sumptuous flavors when I have the time."

People contact is another motivation behind being in the kitchen. "I really love to dance but I wanted to know some of the people better. I volunteered to prep snacks in order to socialize more. You never have much time to talk if you're dancing the whole time."

Her attitude is a joy to be with in the dance kitchen. Geneva says, "I'm so thankful for all that anyone does, be it homemade cookies, washing a tray, or bringing in new coffee cups. Thanks to all choppers, buyers, cookers, and washers."

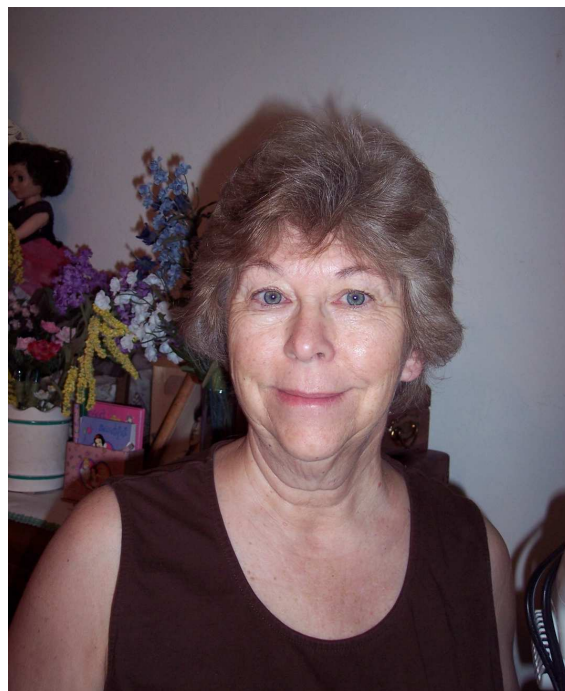
Geneva began contra dancing in Sonoma County, California back in 1997. Originally in Colorado, she graduated from the University of Colorado with a BA in modern dance.

"I hitched to San Francisco and studied jazz. Then I went *en pointe* for ballet at the age of 29, what most dancers do at the age of 14. See, an old dog can learn new tricks. HA!" Besides dancing a few seasons for a San Francisco ballet company, Geneva did chorus ballet for *Swan Lake* in Mexico City.

When asked what personal rewards she gets from CFOOTMAD, Geneva replies, "Smiles, smiles, and more smiles. The music and movement are a healthy release in my life. It's a real necessity to go at least twice a month. When my life gets simpler, I'll show up more, too." That time may be soon—her twin sons just graduated from high school.

Besides contra dancing, Geneva favors the big Fort Collins waltz dances--the Wild Asparagus and Wild Goose Balls. "I love the Mostly Strauss Orchestra and wish we had similar events in the Denver area. I would really love a monthly Denver waltz night or Sunday dance!"

By Carol Fey



TRADITIONAL BLEND RETURNS TO DENVER AUGUST 7th

As Traditional Blend and The Cummings Celtic Duo/Band, Bill and Patti Cummings have been appearing throughout Arizona, the southwestern and central midwestern US states in many types of venues and settings since 1982. They have a very large repertoire of traditional dance music which includes Celtic tunes of Ireland, Scotland, Cape Breton (Nova Scotia), Old Time Mountain Music of the Round Peak Style from North Carolina, and Cajun Creole string band music of the southwestern prairies of Louisiana. Predominantly, they are a fiddle and guitar duo with a strong and steady driving beat for dancers of all levels of experience.

Bill and Patti keep the tradition of folk music alive as they spread the joy of it to listeners, dancers, and newly inspired players around the highlands of Arizona and wherever they go. Their love for the traditional music they play is passionate. Traditional Blend's performance record is exceptional as they deliver a unique, exciting, and electrical performance for all traditional music-loving listeners and dancers. Their music is appealing; it is true to tradition; and it is performed passionately from the heart!

Traditional Blend will be at the Boulder Community Dance on Friday, August 7th.