

Be a Better Dancer Campaign

So by now, you've probably seen a presentation by the Be a Better Dancer Campaign and wondered, what's that all about? Well, BBDC is a grassroots movement, endorsed by the CFOOTMAD Board of Directors, that is aimed at maintaining and improving the quality of dance in our community. Spearheaded by Donna Mlinek and Dave Sander, with support from callers, dance coordinators, and a group of regular dancers, the campaign has the following objectives:

- **Education** – to help dancers of all levels develop dancing techniques that are fun, safe, and don't create discomfort for their partners. The CFOOTMAD community welcomes newcomers to our dances and we provide them with an excellent beginning lesson. The BBDC offers an opportunity for continuing education that covers etiquette, technique, style, and more advanced moves.
- **Awareness** – to remind dancers to be conscious of others on the dance floor. We all need occasional reminders to be mindful and considerate of others.
- **Communication** – to help dancers express their dancing needs and desires to others without giving offense, taking offense, or fearing that they will offend.

We'd like to be very clear that we do not intend to discourage vigorous, energetic dancing. Many of our best dancers dance exuberantly, but not roughly. Rough dancing happens because of a lack of knowledge or lack of awareness, and the BBDC presentations are designed to increase both skills and mindfulness. That said, we recognize that we have dancers of all ages and skill levels, and some people prefer or need less energetic dancing and should be able to express those preferences and have them honored.

We are fortunate to have a vibrant dance community and we want to keep our community strong and growing by helping newcomers feel welcome and giving all dancers a dance experience that will keep them coming back, no matter their age or level of dancing skill. We love hearing from you - we welcome your comments, suggestions, complaints and feedback. See Donna or Dave if you have input for the BBDC.

Special thanks to all who have helped get this campaign going and offered valuable suggestions and support.

HELP WANTED!

CFOOTMAD is currently looking for:

Graphic Design Volunteer to do some basic design for buttons, emails and banners

Coordinator and/or Host volunteers for a potential new Musicians' Jam series in Denver 2012

Sound technician volunteer trainees interested in learning to work sound at dances

Email bod@cfootmad.org to express your interest, or to suggest potential candidates.

Save the Date!

On **March 2, 3 and 4**, Boston-based dance band **Nor'easter** brings its "toe-tappin', foot-stompin', shoe-shufflin', heel-clickin', and booty-shakin'" music to Colorado. You'll love dancing to this talented young trio, so mark your calendars now!

To hear a sample of their music, go to: <http://noreasterband.com/music.html>